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Borough beacons

the newhammag

issue 242 // 30 March –13 April 2012



**Golden tickets
to the Games**

for lucky Council
Tax payers (p6)

Protecting You To Protect Your Money



Guard yourself from fraud,
scams and financial abuse



Do you have a disability / chronic illness? Are you an older person and have trouble managing money or are you someone who manages other people's money?

If so, you are invited to attend a **FREE** community event hosted by London Borough of Newham and Safeguarding Adults Partnership.

Receive help and advice on protecting your property, money and valuables

Wednesday 18 April 2012
West Ham Football Ground, Green Street, London E13 9BA
1.00pm - 4.30pm

Tea, coffee, cakes and biscuits will be provided

Key Speakers:

- **SAFEGUARDING:** Protecting yourself from financial abuse in your home and out and about
- **SOLICITORS:** How to protect your money and property (wills and lasting power of attorney)
- **POLICE:** Information on scams and frauds to avoid and reporting crimes in a way that makes it easy for you
- **CLIENT AFFAIRS:** Applying for Court of Protection & Appointeeship (protecting your benefits)

And many more

Pre booking essential. To secure a place contact: Shaheen Khan



020 3373 4132



Shaheen.Khan@newham.gov.uk

a place where people choose to
live, work & stay



It's not every day you get something back for paying your taxes but 50 lucky residents could get a money-can't-buy reward in the form of tickets to the Olympic Games just by paying their Council Tax by direct debit (p6).

We shed light on the Newham leg of the Torch Relay (p17) and show you how easy it is to Get the Party Started with top tips from New City Primary School (p13). And if you've always wanted to give someone a public thank you why not nominate them for an Inspiring People Reward (p27) and like Alison Skeat they could be going to the Games.

Councillor Riaz Mirza

Executive member for safeguarding and corporate parenting

Don't forget – If you live in Beckton, Green Street, Manor Park, Plaistow and Stratford and West Ham community forum areas, look inside for local news and events in In Focus.

SENIOR PUBLICATIONS OFFICER: Emily O'Brien

PUBLICATIONS OFFICER: Anita Plaha

STAFF PHOTOGRAPHER: Andrew Baker

Call the mag team on **020 3373 4576**

To advertise in the mag call
Julie Madell on **07890 529 090**



Don't forget to recycle your Newham Mag once you've read it

For all Newham Council services call 020 8430 2000 or visit www.newham.gov.uk

If you do not receive The Newham Mag at home, or know someone who doesn't, please call 020 3373 1517, write to The Newham Mag, West Wing, 4th Floor, Newham Dockside, Dockside Road, London E16 2QU or email newham.mag@newham.gov.uk

The Newham Mag is printed by Woodford Litho Ltd and distributed by Letterbox Distribution.

Look out for the next issue from 13 April 2012

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IN BRIEF //

Noisy neighbour unplugged

A noisy resident will have to pay out a total of more than £3,500 after making his neighbour's life hell.

Ada Arugu, 38, of Hermit Road, Plaistow, played rap and dance-style music on his powerful sound system so loudly the floor of his neighbour's home vibrated.

He was convicted at Stratford Magistrates' Court of three offences of failing to comply with a noise abatement notice served in 2010. As well as fines and court costs Arugu was also ordered to pay the neighbour, who has not been named, £1,000 in compensation.

Newham Council noise officers, who received 45 complaints about Arugu, seized two large and expensive speakers, a mixing desk, DVD player and CD player.

New street trading rules

Newham Council is introducing a new system for street trading licences from 12 April.

The new rules will apply to people who sell on pavements, footpaths, roads and private forecourts, who will be required to apply for a temporary street trading licence for a maximum of six months.

Application forms for temporary licences and information will be available online on the council's website from early April, by emailing Licensing@newham.gov.uk or calling 020 3373 1925.

Plans withdrawn

Developers Obsidian have withdrawn their current planning application for the Forest Gate town centre area. They say they intend to submit a revised application on which Newham Council can consult with local residents and businesses.

Children test the water at Aquatics Centre

Nearly 50 young people from Newham gave the Aquatics Centre on Stratford's Olympic Park a thumbs up after swimming in the iconic 2012 venue and meeting Great Britain medal hopeful Liam Tancock.

They took part in the annual Six Host Borough Swimming Championship, organised by the Olympic Park Legacy Company and leisure provider GLL to give local people the opportunity to use the main 50 metre pool before the Olympic athletes.

The youngsters aged between nine and 18 competed in different races along with disability events. More than 150 Newham residents cheered them on thanks to free tickets from Newham Council.

Deputy Mayor Councillor Lester Hudson, council chief executive Kim Bromley-Derry, Young Mayor Abraham Male and Deputy Young Mayor Wendy Zadigue were all guests at the event.

Councillor Hudson said: "We want all local children to experience this when the centre reopens after the Games."



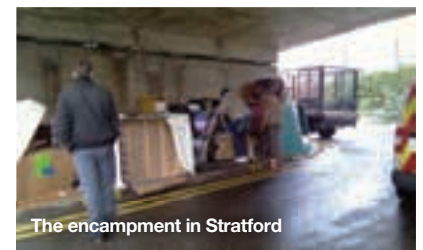
Purge on rough sleepers

Newham Council is cracking down on 'cardboard cities' that have begun cropping up in parts of the borough.

Council staff, working with the Metropolitan Police, street rescue service Thames Reach and the UK Border Agency, have so far dealt with 60 rough sleepers and removed one encampment close to Stratford Shopping Centre which held ten people.

Those removed were offered practical help in finding emergency accommodation operated by the council and other agencies, claiming benefits and linking in with health services. Some were detained while their immigration status was investigated.

Councillor Unmesh Desai, executive member for crime and anti-social behavior, said: "We have seen an increase in rough sleepers, which is unacceptable. We will continue to work with other agencies to signpost the most vulnerable to the support services where they can find decent accommodation, build relationships and lead fulfilling lives."





News

Minibus is a catch for school

The Lord's Taverners, the official charity of recreational cricket and one of the UK's leading youth sports and disability charities, has presented a new minibus to Plaistow's Eleanor Smith school.

The 17-seat wheelchair-accessible minibus, costing £48,000 and sponsored by supermarket Waitrose, will enable pupils to travel to key educational venues that will enhance their learning and opportunities in life.

Newham councillors Quintin Peppiatt, executive member for children and young people, and Plaistow community forum members Joy Laguda and Forhad Hussain were on hand to welcome the minibus to the school.

Scott Verney, Waitrose Area Manager, said: "We hope the minibus will make it easier for more young people to get involved in the activities that they enjoy."

Matthew Patten, Chief Executive of The Lord's Taverners, said: "We are proud to support the staff, parents and young people of Eleanor Smith School."



Newham best in London on secondary school offers

Eighty-two per cent of Newham pupils starting secondary school in September have been offered a place at their first choice school – the best figure in London.

Figures released by the Pan-London Co-ordinated Admissions Board show Newham at the head of the list followed by Havering on 81 per cent and Bexley on 78 per cent. The average across London was 66 per cent.

In total Newham received 3,963 applications for secondary school places – 321 more than last year. The percentage of children given one of the top three choices on their application form in 2012 was 95.34 per cent – up on last year's figure of 93.46 per cent.

Councillor Quintin Peppiatt, executive member for children and young people, said: "We are delighted that so many children are getting to go to the schools where they and their parents want them to go. We have worked hard with the primary and secondary schools and parents to achieve this fantastic result."



Jobs boost in docks development

Property developer Chelsfield has been confirmed as the preferred developer for the 50-acre Silvertown Quays site in a £1.2 bn redevelopment that will create more than 9,000 jobs.

The plan for a mixed-use district on the site in the Royal Docks enterprise zone will provide 228,570m² of commercial and retail space and 126,440m² of residential homes.

Mayor Sir Robin Wales said: "Newham offers an investment opportunity on a scale unmatched anywhere in Europe."

Work on Silvertown Quays is expected to start in two years and be completed in 2018. It will be the first major development in Newham's newly created Royal Docks Enterprise Zone.



Golden tickets are up for grabs

Willy Wonka may have thought his chocolate factory was the perfect prize when he gave away his golden tickets, but in Newham our golden tickets will get you into the Olympic Games.

We have 50 pairs up for grabs to watch some of the very best events of the Games, including the opening and closing ceremonies. Winning will feel as good as my home town team Kilmarnock beating champions elect Celtic in the Scottish League Cup Final.

We'll be choosing the lucky recipients at random in June. To enter you must be already paying your Council Tax by direct debit or have signed up before 15 May.

The 50 residents who are selected will be able to experience the magic of the Games up close, but we don't have to be at the Olympic Stadium to



experience the once-in-a-lifetime event.

There will also be a huge number of parties and events organised by local residents and businesses with help from the council, which will not only add to the fun but demonstrate to the

world what a warm, welcoming and resilient community we are.

If you want to find out more about how you could be chosen for Games tickets see our advert on page 12 or visit www.newham.gov.uk/directdebit

Children will prove good sports

Over the next 12 months one of my promises is to help every young person in Newham to be a sportsperson. Every year 7 student in our schools will get to have a go at a range of sports from rugby to trampolining.

Many of those activities will take place at the University of East London's new £21m SportsDock which I helped to launch at their campus in the Royal Docks.

Every young person who enjoys a taster of different sports will be encouraged to keep up their chosen activity and we will do everything we can to support them into clubs. It will also introduce them to university life and sports science.

The state of the art facilities at SportsDock, unveiled by Paralympic medal winner Ade Adepitan, Teresa Edwards, the Chef de Mission for Team USA who are based there during the Games and marathon



Meeting (l-r) Mara Yamauchi, Stephen Timms MP, Ade Adepitan and Teresa Edwards

runner Mara Yamauchi, are truly fantastic and will be a wonderful legacy of the Games for our community.



Mayor's view

Painful reminder of real bravery

The incident that saw five police officers injured after being attacked by a dog as they executed a search warrant in Stratford was truly shocking.

Our police officers risk their lives on a daily basis to protect us and some pay a painful price to ensure our safety. We should never forget that bravery and commitment. I have spoken to the police Borough Commander to express our thanks for what they do and our hopes that those concerned recover quickly.

If nothing else, the incident

highlights the need to encourage sensible dog ownership. It's also why we have Dog Control Orders designed to tackle irresponsible owners and nuisance dog behaviour.

You tell us that dogs not being controlled in public is a concern to you, but the majority of dog owners are responsible people. Therefore we will continue to target the irresponsible few. Only that way can our police officers and our enforcement officers feel safe when they go about their duties on the streets on our behalf.



Services on the doorstep

I officially opened the refurbished Beckton Globe Library, which has a whole range of new services and activities available under one roof.

The improvements at the library are part of our drive to provide the best quality services for residents that also represent value for money.

As well as all the traditional library services on offer in bright, modern facilities, there are now easy to use self-service kiosks to carry out a range of transactions from paying council bills online to reporting abandoned vehicles, fly-tipping, anti-social behaviour, missed bin collections and much more.

While I was in Beckton I also dropped in on the spring festival organised by local residents with help from the council. It was great to see so many people out together in the sunshine.

Over the past 12 months, almost 22,000 people



attended community events like these. This year we will offer the biggest local community-based Olympics and Paralympics activity programme in the history of the Games. Something for us all to enjoy!

with Sir Robin Wales



A new look for Newham

Newham is the most exciting place to be in London right now. It's not just the arrival of the Olympic Games in Stratford this summer - residents in other parts of the borough are seeing the skyline change before their eyes too. The council is capitalising on this unique time to build a bright future for us all. In upcoming issues of the *Newham Mag* we will be telling you about exciting developments in detail; read on for a taste of the changes coming soon to your part of town.





Canning Town and Custom House

One of the largest makeovers going on anywhere in the UK, the £3.7bn Canning Town and Custom House regeneration programme will bring up to 10,000 new homes and 5,000 new jobs to this part of Newham alone.

Built by a hard-working community that grew up around the Docks, this part of Newham has an especially rich heritage. The regeneration programme will provide a new school and town centre for this long established community, a revamp of the historical Rathbone Market, and a new library and community centre.

Transport links are improving all the time. At one point a relatively isolated part of town, caught between the Docks and the A13, the area is now a major hub. As well as the DLR, Jubilee line and bustling bus station at Canning Town, the new Crossrail link due to open in Custom House in 2018 will connect the area with Bond Street in 17 minutes and Heathrow Airport in less than 45.

The Royal Docks

Now the Docks are back on the business map too: they have been designated London's first new Enterprise Zone; recognition by national government of the importance of the area to the capital and reinvigorating a once thriving area.

Once London's gateway to the globe, this area plays host to the largest enclosed docks in the world, with 13 miles of river and dock water frontage. London City Airport, the University of East London and ExCeL are already based here and in 2018 Crossrail's arrival will

place the area less than fifteen minutes from central London.

The Enterprise Zone gives businesses tax breaks over five years so that the local economy can flourish.

The latest exciting news in the Enterprise Zone is the announcement of the preferred bidder for the £1.2bn Silvertown Quays development; a huge project that will provide homes, around 9,500 permanent jobs, business and retail space and approximately £3bn of economic benefit.

Residents will also soon be riding high on the Emirates Air Line Cable Car and looking into the Siemens Crystal, a £60m landmark exhibition and conference centre.

Stratford

Nowhere else in London is undergoing a transformation like Stratford's.

Westfield Stratford City has been an even bigger success than predicted, with 13.6m people visiting in its first 14 weeks and takings that buck the economic downturn.

The International Quarter (TIQ), being built on the Olympic Park site, will bring 350 homes, office space and a new hotel to the area, and is one of the largest developments of its kind in the UK.

After the closing ceremony has drawn the curtains on the Paralympics, construction will get started on creating the Queen Elizabeth Park. In the grounds of the Games, there will be some 11,000 new homes and parkland in five neighbourhoods.

And that isn't all – Strand East is a brand new project that will take a vast piece of wasteland to the south of the Olympic Park and transform it into a new neighbourhood with 1,200 new homes, office space, a hotel and local shops, cafes and restaurants. All this activity will create local jobs for residents.

Visit www.investnewham.com to read more about these developments and keep reading your *Newham Mag* to find out more about change in areas local to you.



Taking the lead

on responsible dog ownership

Man's best friend shouldn't be a neighbourhood's enemy. From Dog Control Orders to dog agility classes, the council is encouraging residents to take responsibility for their canines.

Dangerous dogs

In Newham we will not tolerate any anti-social behaviour linked to dogs. This includes: using dogs to intimidate other people, using dogs as weapons, allowing your dog to attack other dogs, dog fighting or baiting or encouraging your dog to cause damage to public property – including trees.

If a person is proven to be engaging in any of the above activities they will face serious consequences, including fines of up to £5,000 and/or six months' imprisonment. **Report**

your concerns about a dangerous dog by calling 020 8586 9739. In an emergency always call 999.

Dog Control Orders (DCO)

Last year we consulted residents on our plans to implement a boroughwide DCO to tackle a number of dog-related nuisance issues. These include keeping dogs on leads at all times when out on the public highway and cracking down on owners who do not clear up after their dog's mess by handing out £80 fixed penalty notices.

Since the original five DCOs were introduced in May 2011, there has been a 33 per cent reduction in the number of dog fouling complaints from residents. The findings of the latest consultation will be published in the coming months. **Read more by visiting www.newham.gov.uk/dogcontrolorders**

Free dog microchipping

The council currently offers a free microchipping service for all dogs owned by residents. This permanent form of identification involves inserting a chip the size of a grain of rice into the dog's neck and helps reunite missing or stolen dogs with their owners. **To get your dog microchipped call 020 8586 9739.**

Dog agility sessions

Experts teach dogs and their owners how to behave around other dogs and people, as well as dog handling skills and fun exercises. Free microchipping is also available. **The next sessions take place on Thursday 19 April at Barking Recreation Ground, Barking Road, E6, and Thursday 17 May, at Central Park, High Street South, E6. Both events take place between 12noon and 4pm. For more information email parks@newham.gov.uk**



10



PETER AND THE WOLF

BY SERGEI PROKOFIEV
NEW LONDON ORCHESTRA CONDUCTED BY RONALD COOP

FRIDAY 27 APRIL 2012, 7PM

WITH SPECIAL GUEST NARRATOR ...TO BE ANNOUNCED SOON

TICKETS £9/7
FAMILY TICKET £23
(FOR 8+ YEARS)

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WWW.STRATFORD-CIRCUS.COM : 0844 357 2625

STRATFORD CIRCUS SUPPORTED BY:
  

BUILDING CRAFTS COLLEGE

Situated in stunning buildings in the centre of Stratford, East London.

If you are aged between 16 - 24
We can offer FREE Pre Employment Training Opportunities in Construction

- Carpentry
- Building Operations
- Joinery
- Painting & Decorating
- Stonemasonry
- Bricklaying

Call in on our information and enrolment sessions every Thursday 1:00 to 5:00pm at
**Kennard Road site
Stratford, London E15 1AH**
Or ring for an appointment at other times





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Courses are taught by expert teachers and eminent visiting lecturers



For more information please call 020 8522 1705
or visit our website at www.thebcc.ac.uk

Once in a lifetime opportunity to work on the 2012 Olympic and Paralympic Games

workplace
Creating a better future

Recruitment for thousands of Games-time jobs is happening from now to May 2012 to ensure that the 2012 Olympic and Paralympic Games are the best the world has ever seen. Act now to apply for jobs in the following areas:

- > Retail
- > Catering
- > Cleaning
- > Security
- > Stewarding
- > Administrative

The majority of the roles are short term (2 - 9 weeks) but there are some longer-term positions available to start immediately. Whether you are a student, parent or looking to enhance your CV, this is a unique opportunity to be a part of the greatest show on earth!

Workplace is co-ordinating Games-time applications from all Newham residents. You can call into your nearest office or register on the link below and a member of our dedicated Games-time team will be in touch:

www.newhamworkplace.co.uk/2012Jobs.htm

Stratford
Boardman House,
64 Broadway,
Stratford,
London E15 1NT

Canning Town
The Place,
2 Silvertown Way,
Canning Town,
London E16 1EA

East Ham
Opposite Newham Town Hall,
High Street South,
East Ham,
London E6 6ER

brought to you by

Newham London
Partnership

50 Pairs of Olympic Tickets for Council Tax Payers



Could you grab yourself a pair of London 2012 Olympic Tickets?

If you pay your Council Tax by Direct Debit or sign up before 5pm on 15 May 2012 you could be chosen at random to receive a pair of tickets to the Olympic Games!

We have 50 pairs of tickets to give away to events including the Opening and Closing ceremony.

Signing up to Direct Debit is easy and has the following benefits:

- choose the payment date
- payments are made automatically but you stay in control – you can cancel at any time
- you are protected by the Direct Debit Guarantee – you'll get a full refund from your bank if an error is made in the payment of your Direct Debit
- you can trust Direct Debit to be totally secure.

Visit **www.newham.gov.uk/directdebit** for more information, to sign up to Direct Debit and to view the terms and conditions for the allocation of tickets. You can also phone **020 8430 2000** for a Direct Debit form to be posted to you.

The random selection will take place at the end of June 2012 and those selected will be notified in writing by Friday 6 July.

a place where people choose to
live, work & stay

*Brought to you by the
Mayor of Newham*

Team New City

Get the Party Started



A lot can happen in two weeks - especially when you're trying to arrange the party of the year. New City Primary School's Helen Matthews and Teasie Obersteller are sharing their party planning secrets with us as they countdown to their Let's Get the Party Started event.

Inspired by the council's campaign to get the borough to break all entertainment expectations and host as many parties and get togethers as possible this year, the dynamic duo are busy arranging what they hope to be a night to remember for all the community.

Celebrate good times

If you'd like to host a community event in 2012 download our Let's Get the Party Started guide, with details on how to apply for an Inspiring People grant. Visit www.newham.gov.uk/party to find out more.

Helen's diary...

Previously, we've held our events at school but to accommodate everyone who wants to join us this time we've had to change venue. We approached the West Ham United Supporters club and they've offered us a great deal. Our Inspiring People grant has helped towards the cost of this.



After a fair bit of number-crunching we've realised that we have to sell tickets to host the event we want. Doing this means that we'll be able to provide a hot meal for our guests and give the event a bit more sparkle.

We never need an excuse to dress up at New City and we've been busy sorting out our costumes and rehearsing our novelty act - which will remain top secret until the night!

We are hoping to have a raffle but sourcing the prizes has been a challenge. So far, we have had a positive response from Abbey Florist in Plaistow and are busy contacting other local businesses to get on board.

The children, who are always keen to help, have been our real stars. They've rolled up their sleeves to make bunting, helped organise the tickets and have been spreading the word about the event to their parents and grandparents.

If you're a business that would like to support a local event email newham.mag@newham.gov.uk

An eggstremel

This Easter we're not over-egging it when we say that Newham has enough to keep you hoppily entertained all holiday – and it's all either cheep or free. Whatever you like to do, don't wait for the Easter Bunny to deliver the fun to you this year – use our guide to get out and enjoy all that Newham has to offer.

The great outdoors

The sun is set to shine this spring, so put these dates in your diary.

Easter Bonanza – FREE

Central Park

Thursday 12 April

12midday-3pm

Meet at the Café In the Park.

Children under 16 must be accompanied by an adult.

Central Park is hosting a special garden egg hunt and crafts for families in the café. Families can pick up a trail sheet from the Café in the Park and spend time exploring the gardens.

Get Growing Club – FREE

Central Park Friday 13 April

11am-13pm

Meet at the bowling green.

Children under 16 must be accompanied by an adult.

Come and greet spring with family gardening activities at the community garden.

Play all day

Holiday playscheme

Monday to Friday, 2 to 13 April

(excluding 6 and 9 April)

8.30am-6pm

£12 per day (includes

breakfast and snack but

a packed lunch should be

brought in). Ages 4 to 11

Join in for outings, dancing, arts and crafts and playing on the Nintendo Wii.

Footloose

Dancing In A Street Near You

Dance taster sessions will be coming to a community centre near you – from ballet to break dance, there is something for everyone.

The dance classes in a range of style will be available for a 12-week period at a discounted price of £1. For further information visit www.newham.gov.uk/whatson

to see what classes are available near you.

Get active

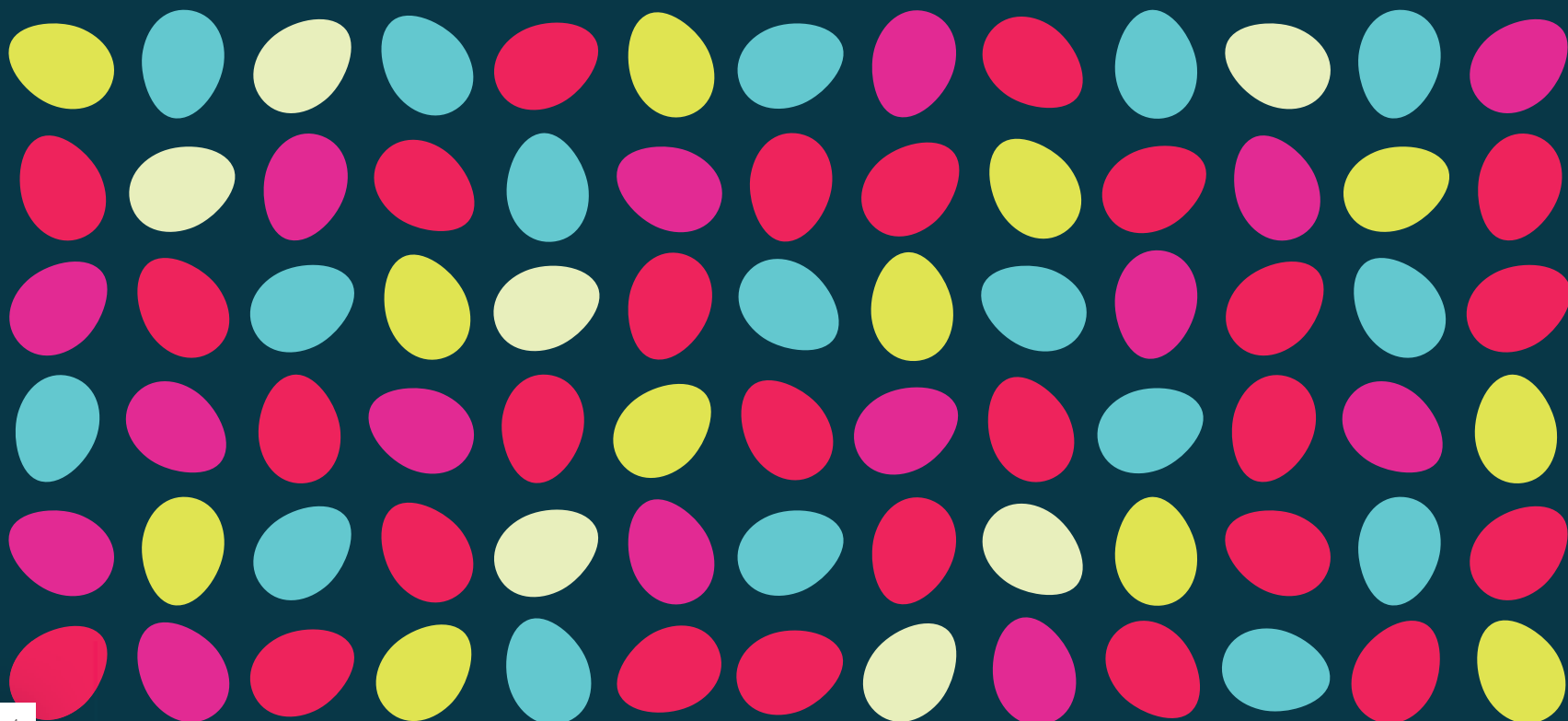
Get set for the Games at our multi-sports sessions, which include athletics, badminton, basketball, cricket, dodgeball, fitness, football, handball, cardio-tennis, ultimate frisbee and many more.

Football and multi-sports competition – FREE

Wednesday 4 and Thursday 5

April 11am-1.30pm

Stratford Park MUGA, West Ham Lane, E15. Ages 8 to 18



y active Easter

Multi-sports – FREE

*Wednesday 4 April,
Thursday 5 April and
Tuesday 10 to Friday 13 April
10.30am-2.30pm*
Newham Leisure Centre, 281
Prince Regent Lane, E13
Ages 8 to 16

Cricket – FREE

*Tuesday 10, Wednesday 11
and Thursday 12 April
10.30am-1pm*
West Ham Park, E15. Ages 8
to 16

No need to book. For more
information call Kym Osborne
on 020 7540 0600 ext 3413 or
email kosborne@newvic.ac.uk

BMX

Wednesday 4 and Thursday 5

April 10am-1pm. Ages 8 to 16
BMX Track at Gooseley
Playing Fields, St Albans
Avenue, E6

Bikes and helmets provided.
All participants must be able to
ride a bike unassisted. Limited
to 16 places; please contact
Paul Farthing on 020 3373
0664 or email getactive@newham.gov.uk to book.

Cycle Speedway – FREE

*Wednesday 11 and
Thursday 12 April 1-4pm*
Ages 8 to 16
Canning Town Recreation
Ground, Prince Regent
Lane, E16

Fast paced fun cycling
races around London's only
cycle speedway track. All

participants must be able to
ride a bike unassisted. Limited
to 16 places, please contact
Paul Farthing on 020 3373
0664 or email getactive@newham.gov.uk to book.

Watersports - FREE

*Wednesday 4, Thursday 5,
Tuesday 10 – Friday 13 April
10am-12midday and 1-3pm*
London Regatta Centre,
Dockside Road, E16

Take part in kayaking and
sailing and try out for the 2012
Youth Games Squad. Booking
essential on 020 3373 7511.

Family games

.....
Football, basketball,
badminton, handball, ultimate

Frisbee, dodgeball, fitness and
volleyball for the whole family.
All sessions are FREE and run
from 12midday-1pm.

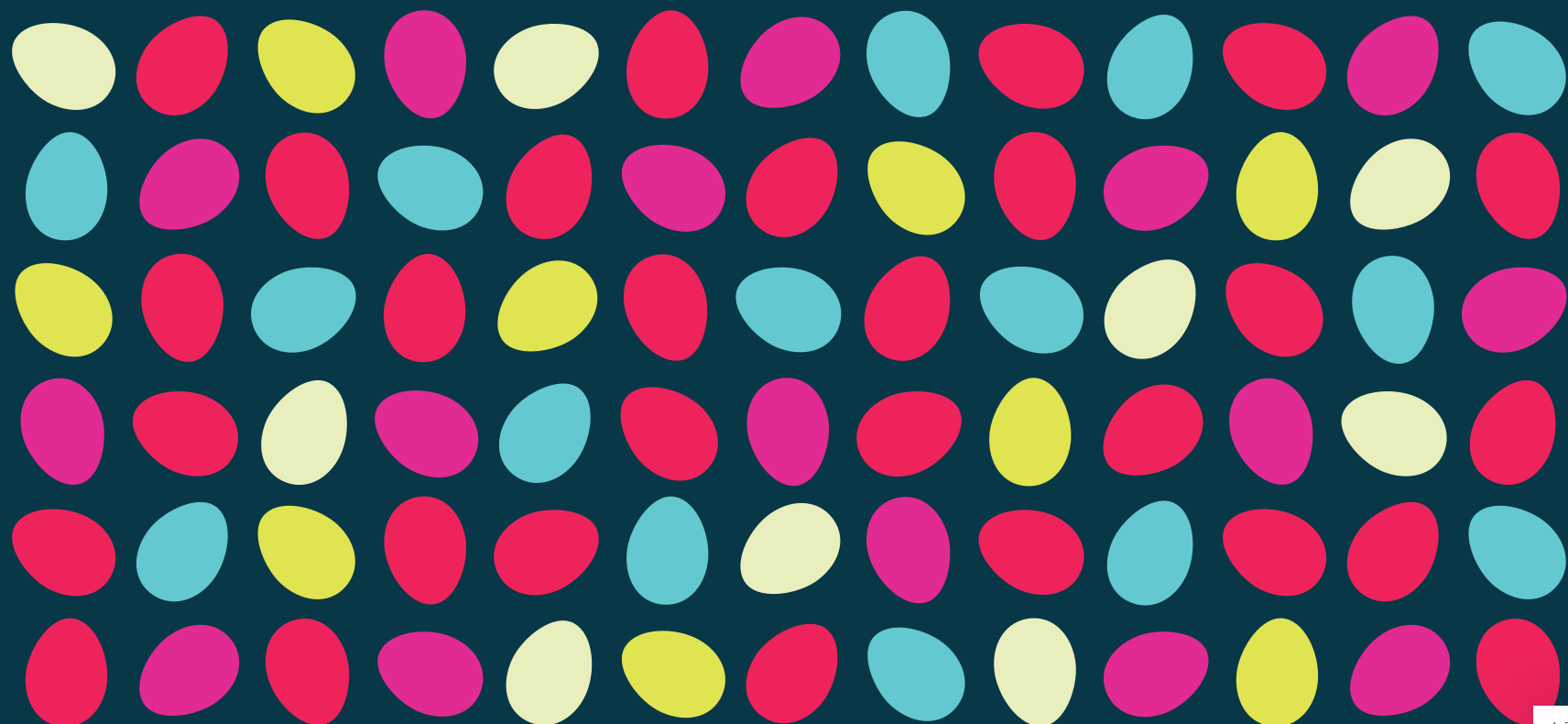
Thursday 5 April
Little Ilford Youth Zone,
Rectory Road, E12

Tuesday 10 April
Forest Gate Youth Zone,
Woodgrange Road, E7

Wednesday 11 April
Beckton Globe Youth Centre,
1 Kingsford Way, E6

For more information
contact sports and activities
team by calling 020 3373
4119, emailing getactive@newham.gov.uk or visiting
www.newham.gov.uk/nsp

Find out what else is on in your area by visiting www.newham.gov.uk/whatson



Game for a job

The Games have never been just a sporting event for Newham Council. Before they bring the world to our doorstep they've already brought opportunities that have not only changed the borough's landscape but also our residents' lives.

Working closely with partners including the London Organising Committee of the Games (LOCOG), the council's employment service Workplace has helped secure job offers for more than 2,600 residents – the highest of any Olympic host borough. As the final phase of recruitment draws close, there are still opportunities to be part of the unique experience of delivering a world class event.

Ernie Roberts from Manor Park is a workforce training operations centre assistant. Ernie's always wanted to be part of the Games and Workplace helped this become a reality. They booked him onto a LOCOG information session which provided essential tips and advice on applying for vacancies. He said: "I started applying for opportunities straight away and before long I was interviewed for my current job."

Ernie inducts and trains people starting work at LOCOG. He thoroughly enjoys his work, citing meeting different colleagues, variety and the job's fast pace as his favourite aspects. He said: "Since I've started,

we've had thousands of people coming through our doors. We had our orientation weekend at Wembley Stadium, which gives you an idea of what things are going to be like during Games time – volunteers alone will make up 70,000 of the workforce."

A former Rokeby School pupil, Ernie grew up in Stratford and is always amazed to see the transformation of the area. He said: "I'm looking forward to seeing Usain Bolt, hopefully, break his world record in Stratford. I already feel like I'm part of the Games and can't wait to see it all unfold."

Still time to apply

If you'd like to be part of a once in a lifetime experience, register with Workplace for your chance to work at the Games. There are still a number of vacancies in security, stewarding, traffic marshalling and logistics. To find out more visit www.newhamworkplace.co/uk or call 020 3373 1101.



Shining a light on the Torch Relay

Two of the most anticipated announcements of the London 2012 Games were made this month as thousands of people were officially declared torch bearers of the Olympic Flame and the route of the torch relay was revealed.

The torch will come to Newham on Saturday 21 July and will be passed to the borough from Greenwich, crossing the river on the Woolwich Ferry. At around 10.40am the torch will begin its journey starting at Albert Road in North Woolwich, where people will line the route to welcome the flame and cheer on our torch bearers.

The torch, which symbolises the announcement of the Games and represents a peaceful truce for the duration of the Olympics, will snake through the borough, making its way down Woolwich Manor Way onto High Street South. At around 11am it will enter East Ham's Central Park for the Mayor's Newham Show, which takes place on 21 and 22 July. The atmosphere will rival that of Rio as our annual carnival procession then follows the flame, bringing some sparkle to the proceedings. The torch will then travel down Green Street and Romford Road before arriving in Stratford.

We're busy preparing for the celebration of the century and more details about our party plans will be made available in the coming months – so keep reading your *Newham*

Mag and make sure Saturday 21 July is firmly in your diary. On the day, there will be a packed programme of entertainment and an abundance of atmosphere so don't miss out on what promises to be a once in a lifetime experience.

So far, the following 19 people have been confirmed as torch bearers in Newham:

**Samuel Berhanu
Kacper Bisanz
Ian Campbell
Ronald Cooper
Christiana Egere
Alfred Fajardo
Natasha Hart
Joel Hodgson
Lianne Jameson
Kevin Jenkins
Paul Johnson
Morgan Jones
Anthony (AJ) Joseph
Krzysztof Kaczynski
Gemma Law
Jeanette Markwell
Vicki Parnell
Drashti Shah
Sheikh Sheikh**



POLICE, COUNCIL, **ACTION!**



Working together for a safer London

Newham



Getting involved in community safety has never been easier since the Newham Mag started publishing images of unrest, crime and disorder and asking for your help identifying the culprits. Residents have played a huge part in naming and shaming those responsible for the disturbances last summer. Now the police and council are asking you to have a look at these criminals who have been causing trouble on our streets. Do you recognise any of them? Perhaps their clothing looks familiar? Were you at any of the crime scenes? The police need your help to bring these criminals to justice. If you have any information, get in touch by calling 0800 555 1111.

Will they do time?

On Tuesday 2 February, two men walked into the jewellers H Samuel in Westfield Stratford City. They forced open a cabinet, took out six watches and put them in their jacket pockets before making off. The watches are worth £140 each.

Police want to speak to these men in connection with the incident. Do you know who they are?



Low move

On Wednesday 15 February in the East Ham branch of Sainsbury's, a man crawled under a shopping trolley that was blocking an unstaffed till and forced open the till to remove some money.

Police want to speak to this man in connection with the incident. Do you know him?



Dot com con men

On Saturday 8 January two men went to an address in Turner Street, E16, after winning the victim's television on eBay. Several hours later, after collecting the TV, they reversed the payment from the victim's Paypal account.

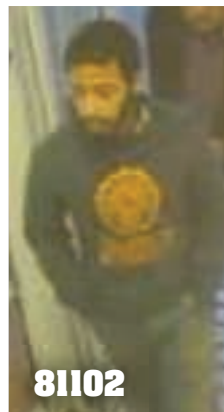
Police want to speak to these men in connection with the incident. Do you know them?



Pay as you go

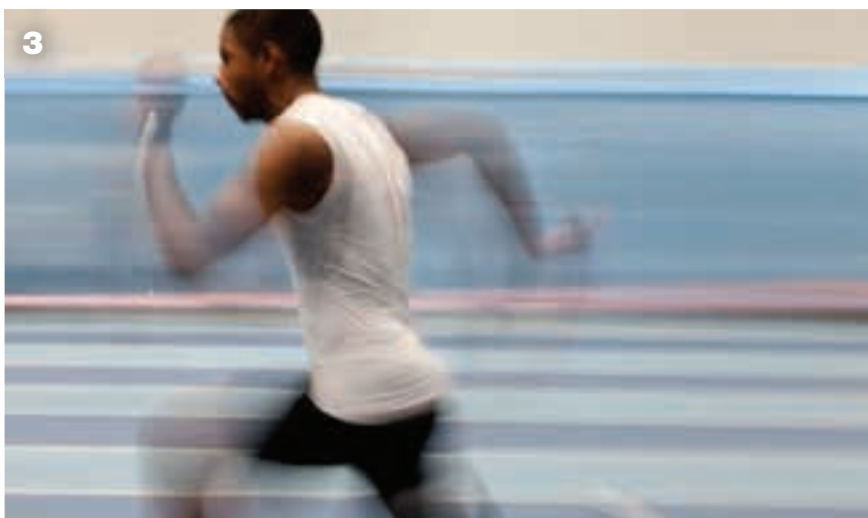
On Monday 13 February four thieves entered the 02 Mobile phone shop in High Street North, East Ham, and stole ten mobile phones that were on display in the shop. The property stolen was worth more than £5,000.

Police want to speak to these men in connection with the incident. Do you know them?





Newham in pictures



1 Different strokes as the Stratford and West Ham Community Forum kicks off a season of spring festivals. **2** Like a duck to water: primary school children from Newham make a splash in the Aquatics Centre. **3** The need for speed at the Newham and Essex Beagles 60m Sprint Series. **4** Night fever grips resident Daniel Onyia as he captures the Docks at dusk. **5** Back to school: Little Ilford students listen with interest as MP Stephen Timms takes over a lesson as part of Teach First Week.



Youth zones are safe, supervised environments which offer varied and changing activities for those who use them. Kishan's involvement came about after a chance meeting at The Mayor's Newham Show where he was asked if he'd like to be involved in Voices and Vibes, a participation group and sounding board for Newham Council's integrated youth service (IYS). Already an active volunteer, Kishan signed up and is now advising youth zones about what improvements they should consider and helping to recruit adults into sessional youth work roles. Newham Council is an example of best practice in this area.

Broadly, what does your work involve?

I'm part of the youth-led observation project, which involves a core group of young people shaping the services provided for them by the council. We visit youth zones to see if they follow the IYS curriculum and how they engage with young people. All our suggestions are reported to senior managers who forward them on to managers running the centres.

Before this project, did you use youth zones?

I used to pop by occasionally. I now visit them more regularly. It's made me realise

how much there is on offer.

There are four main centres in Newham: Forest Gate, Little Ilford, Shipman and Beckton. They each provide something different. Some have indoor sports halls, some have games areas or music rooms. Some of my friends might say there's nothing to do or nowhere to go and they're surprised when I tell them about some of the services that are on offer.

How did you help recruit youth workers?

We were asked if we wanted to help at a youth worker recruitment event. We

Power to the people

No one knows what young people want better than young people themselves. Across Newham, 11 to 19 year olds are taking control of services provided for them by shaping what they want to do in youth zones in the borough, from the activities they're offered down to the staff who supervise them. Kishan Patel, 17, is one of many young people who gives up his spare time to ensure others can enjoy theirs.

were looking for a number of things, like leadership qualities, who was willing to listen, who was quiet, who didn't take an active role and who didn't work in a team. We each scored them and afterwards we came together and shared our feedback. The next day, those who were successful were interviewed by three people, two adults and one of our members.

Our role was as observers. One of the tasks involved the candidates working as a team to pick up a long pole using only their index fingers, so we suggested that they were blindfolded for that. It was funny to watch! We also created the discussion topic for the group; we asked how they

felt about the media's portrayal of young people in last August's disturbances.

How do you juggle volunteer with studying?

I've calculated how much time I devote to all my volunteering and in an average month I clock up about 230 hours. It's about finding the right mix. I'm doing my A levels at the moment so I'm balancing a lot of what I do and I organise myself well.

Most people volunteer because it's good for their CV. For me it's about climbing a ladder of opportunity. There are so many things you can do. What I love most about voluntary work is that at the end of

the day you feel you have really achieved something. When it's voluntary you seek to achieve an outcome and hope that the person or organisation is happy with what you've done. It's very different to paid work, and in some ways is more rewarding.

All about youth

There are 29 different youth services available to young people in Newham, from youth zones to specialist projects. To find out more visit www.newham.gov.uk/youthzones

If you'd like to get involved in any of the youth projects email Rafia.Patel@newham.gov.uk

On 3 May, voters in London will be asked to choose the Mayor of London and the members of London Assembly.

What the elections are about

The Mayor of London and London Assembly are responsible for services in London including transport and policing, as well as the environment, housing and economic development.

The Mayor of London

The Mayor of London's job ranges from developing policies to setting budgets and championing London around the world in line with their vision for the capital.

The London Assembly

The 25 assembly members hold the Mayor of London to account by examining his or her decisions and actions to ensure Londoners get what has been promised in his manifesto. They act as the eyes and ears of Londoners at City Hall. Assembly members also champion Londoners'

concerns by investigating important issues and pressing for changes to national, mayoral or local policy.

Eleven assembly members represent the whole of the capital with 14 elected to represent the constituencies – which are made up of two to four London boroughs. Newham is part of the City and East constituency which also comprises Tower Hamlets, Barking and Dagenham and the City of London.

Registering to vote

To vote in the London elections you must:

- > **live in London**
 - > **be a British, Republic of Ireland, Commonwealth or EU citizen**
 - > **be 18 years old or over on 3 May.**
- Sixteen and 17-year-olds can register with their local borough and they will be added to the electoral register as soon as they turn 18.**

Being registered with the council for services such as paying Council Tax will not automatically include you on the electoral register.

To vote in these elections, you must ensure you are registered to vote by Wednesday 18 April. Visit www.aboutmyvote.co.uk for more information or email elections@newham.gov.uk or call us on 020 3373 1600.

Keep reading the *Newham Mag* for details on when, where and how to vote on 3 May.



YOUR LONDON. YOUR VOTE

Register

to have **your say** on 3 May



NEWHAM SERVICES FORUM

TO ADVERTISE IN THE NEWHAM SERVICES FORUM PLEASE CONTACT JULIE MADELL ON 07890 529 090



SUPERHEROES

Brand new exhibition from 1 April. Activities and events all Easter holidays!

Discover Children's Story Centre
020 8536 5555
discover.org.uk
383-387 High Street, Stratford, London E15 4QZ  Stratford



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the newham mag

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on 07890 529 090 or email
julie.madell@newham.gov.uk

We propose changing the way we manage our housing waiting list. Tell us what you think.

Whether you are on the housing waiting list, living in social housing or a Newham resident, we want to know what you think of Newham Council's proposed changes to the way we give out social housing.

You can view details of this consultation at www.newham.gov.uk/housingallocations or ask at your Local Service Centre.

Tel: 0800 358 0337

a place where people choose to
live, work & stay



Revised Bank Holiday refuse and recycling collection times

Collection day

Monday 2 April
Tuesday 3 April
Wednesday 4 April
Thursday 5 April
Friday 6 April
Monday 9 April
Tuesday 10 April
Wednesday 11 April
Thursday 12 April
Friday 13 April

Revised collection day

Saturday 31 March
Monday 2 April
Tuesday 3 April
Wednesday 4 April
Thursday 5 April
Tuesday 10 April
Wednesday 11 April
Thursday 12 April
Friday 13 April
Saturday 14 April

Please use your recycling bin or orange bags for all your recycling, including all cardboard.



visit www.newham.gov.uk/recycling
call 020 8430 2000

Turning green to gold

- Alison's going to the Games

Being gobsmacked doesn't come naturally to growing guru Alison Skeat. The Plaistow resident who likes to get her hands dirty is this issue's Inspiring People Reward winner - and when she heard the news she was lost for words.

In 2009 Alison launched the Dirty Hands Project, transforming a disused piece of land in Valetta Grove, E13, into a gardener's paradise. Beginning with no food growing experience, she encouraged the local community to sow vegetables and helped develop their growing skills. She said: "Most people think of growing as something magical, but there's nothing to it - anyone can do it."

Using propagators as mini greenhouses, windowsills in her area began supporting more than the hems of net curtains. Once big enough, the saplings were transplanted

into one of the garden's 120 builders' bags or 15 raised beds.

Since starting up at Valetta Grove, Alison has been snapped up by East Thames housing association to duplicate the project in 12 other sites. Most recently, she has acquired a two-acre site in Ongar, growing Dirty Hands into what she hopes will be social enterprise. She said: "I've started to grow food commercially. Four volunteers come out to Ongar with me once a week and learn how to grow. So far, we've planted 3,000 seeds and two garden centres have agreed to sell our organic herbs."

Alison's been excited about the Games ever since she heard about Newham's plans to host the event and will be taking her seven-year-old daughter with her to her allocated event. She said: "I was in Stratford when the announcement

was made. People were whooping and cheering in the street and cars were blowing their horns - it was such a great atmosphere. But more than the Games, the improvements to the area will have the most impact."

NOMINATE NOW

Do you know someone who deserves to go to the Games? Nominate them for an Inspiring People Reward and they could be awarded tickets to some of the most sought-after events this year. Visit www.newham.gov.uk/inspiringpeople to ensure your community hero doesn't go unnoticed.



Newham landlords and managing agents

We want to hear from you

Landlords and agents are invited to attend our consultation events on:

Wednesday, 4 April at Newham Town Hall, East Ham. We will host two sessions.

- 10am – 12pm
- 2pm – 4pm

Please reply to confirm which session you will attend, by:

- Email – newhamlandlordforum@ors.org.uk
- Call – freephone 0800 107 7890

You can view details of this consultation at www.ors.org.uk/survey/newhamlicensing



a place where people choose to
live, work & stay



If you are experiencing domestic abuse, confidential advice and support is available at the
Newham One Stop Shop

**Every Monday from
9.30am - 12.30pm**

**Stratford Advice Arcade
107-109 The Grove
Stratford
London
E15 1HP**

**Local Domestic Violence Services
Newham Police Community Safety Unit
101**

**Aanchal Asian Women's Aid
0845 451 2547**

**Newham Action Against Domestic Violence
020 7473 3047**

**24hr National Domestic Violence Helpline
0808 2000 247**

**If you are in immediate danger call
999**

For further information email
DVcoordinator@newham.gov.uk
or call 0203 373 1781



Got something to
shout about? Email your
ideas to [newham.mag
@newham.gov.uk](mailto:newham.mag@newham.gov.uk)

YOUR SPACE

where young people take control

FUNK ROCKERS

Daniele and Tom study at the University of East London (UEL)
and both live in Beckton.

"We met while studying a BSc in Music Technology at UEL. Two years ago we started a music project called 'Edge of Space', which fuses electronic/dance music with funk and rock. We do our own recording to create the sound and music we imagine, based on personal experiences and dreams.

**"It's great to experiment with sounds
and even mash up genres. It gives
us a freedom in creativity"**

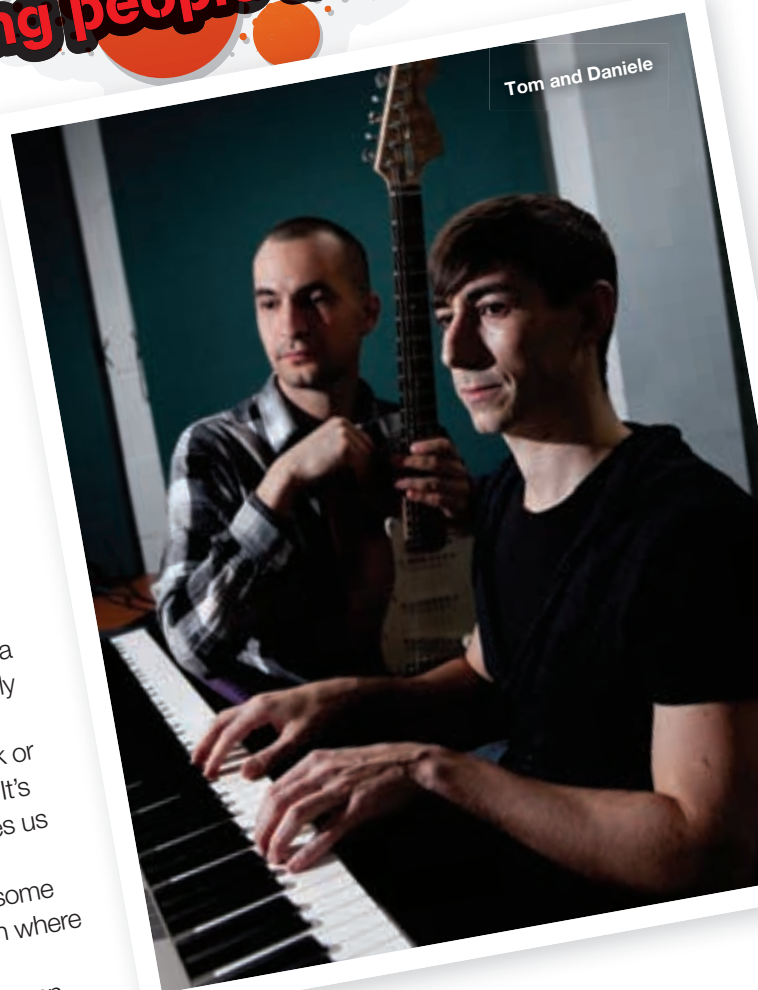
"We both are influenced by electronic music; this is why we have a certain musical chemistry between us!

"Tom is the dreamer; he comes in the studio with a 30-second idea and says: 'this is what I've got for you'. Dan is the traveller and usually replies: 'Let's see where it is going to take us!'

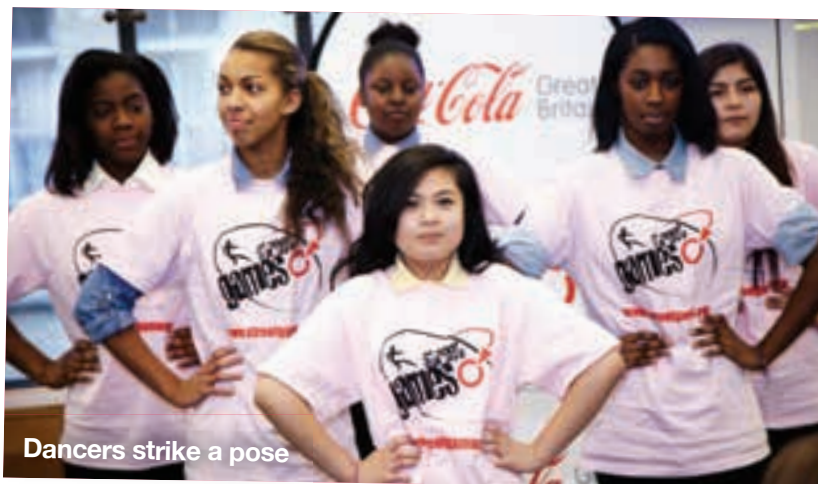
"The funny thing is that I might have an idea that sounds like funk or rock to begin with but then we end up with a totally different track. It's great to experiment with sounds and even mash up genres. It gives us a freedom in creativity.

"We had a chance to perform live on 101.4 ONFM radio with some really positive feedback, as well as at Retro Bar in central London where we got a lot of interest too.

"We are booked to play at Stratford Circus and at UEL for its open day – and there are a few more gigs being booked."



Check out the Edge of Space's new EP, Digital Journey, on
www.soundcloud.com/edge-of-space or hear the duo play at Stratford
Circus on 26 April. Find a link at this address for updates on Facebook.



Dancers strike a pose

A daring performance

Students from St Angela's Ursuline School in Forest Gate wowed MPs at a special event in Westminster marking Coca-Cola's partnership with national sports charity StreetGames.

The girls were chosen as they are part of the successful Dare2Dance programme and were winners of Newham's Winter Cheer and Dance Showcase.

More than 100 people attended the prestigious event and enjoyed the street dance display from St Angela's girls. As a thank you for taking part, all participants received StreetGames and Olympic merchandise.

To find out more about Dare2Dance and other activities for young people in Newham visit www.newham.gov.uk/nsp or email getactive@newham.gov.uk

NASSA boys on the ball

NASSA basketball team smashed a Guinness World Record for the number of basketball layups (a basic shot in the net) scored in an hour.

Five boys from the team took part in the attempt for charity and were cheered on by NASSA players and community onlookers. They beat previous record holders UBALL (Utrecht Basketball) team from the Netherlands who held the title with a score of 2,640 in an hour. NASSA stole the record with an impressive with 3,231 baskets in the same time.

The event was the idea of Newham resident Anthony Okereafor, who set up Carry a Basketball Not a Blade after his friend died as a result of knife crime. All the money that was raised will help expand this basketball outreach programme. Turn to pages 35 and 36 for NASSA listings or visit www.nassasports.org.ok



Celebrating the new world record



Flourish at Abbey Gardens

Abbey Gardens is a local community garden open to anyone who would like to learn about how to grow and harvest organic vegetables, fruit and flowers.

The start of the growing season will be celebrated with a Spring Fair on Saturday 14 April from 2-5pm. Come along to find out more about the garden and regular growing sessions you can take part in, whether you're an expert gardener or have never got your hands dirty.

Weekly sessions take place on: Tuesdays from 1-3pm, Thursdays from 4-7pm and Saturdays from 10am-3pm at Abbey Gardens, Bakers Row, E15.

For more information visit www.abbeygardens.org or call Dasha on 07815 776 385.

Support for stroke survivors

Newham Stroke Club has joined forces with rehabilitation group Stroke Survivors to develop a new programme of support for people who have had recently had a stroke. A stroke can affect different people in different ways, impacting on an individual's ability to eat, wash or walk. Aimed at those that have been discharged from hospital, Phase 4 Physical Activity works with the NHS providing one to one support and health advice which includes physiotherapy. Beginning with an assessment, physical and emotional wellbeing and the programme offers support via regular contact with other stroke survivors.

Newham Stroke Club meets on the first and third Saturday of the month, from 10.30am-12pm, Katherine Road Community Centre, 254 Katherine Road, E7.

To get involved, just turn up on the day. For more information call 07852 387 633 or visit <http://newhamstrokeclub.org.uk>

Newham schools splash out

Pupils from St Edward's, St Francis, St Michael's and Earlham primary schools were invited to take part in a swimming master class at the Aquatics Centre in the Olympic Park.

The event was part of the British Gas Pools 4 Schools programme, which provides free swimming lessons across the country. Students were joined in the water by six-time Commonwealth swimming medallist Melanie Marshall and former Commonwealth and European Champion Adam Whitehead, who taught them techniques including diving, tumble turns and strokes.

The children watched elite swimmers competing in action in the morning, before being put through their paces in the pool later in the day. A selection of swimmers will then get to race their star coaches in a grand final in the 50m competition pool.



Swimmer Adam Whitehead with Newham students

Kids' Corner



PLEASE SEND YOUR DRAWINGS,
JOKES AND POEMS TO:
KIDS' CORNER, WEST WING
4TH FLOOR, NEWHAM DOCKSIDE
1000 DOCKSIDE ROAD, LONDON E16 2QU
OR EMAIL THEM TO
newham.mag@newham.gov.uk

Don't forget to write your name, age, address and daytime
contact telephone number on the back of your entry

GALLERY



Lakshana Sureshkumar, 9



Savannah Nyarko, 5



Millana Mulugeta, 8



Kavi Quereshi, 8

Free membership at Stratford Picturehouse

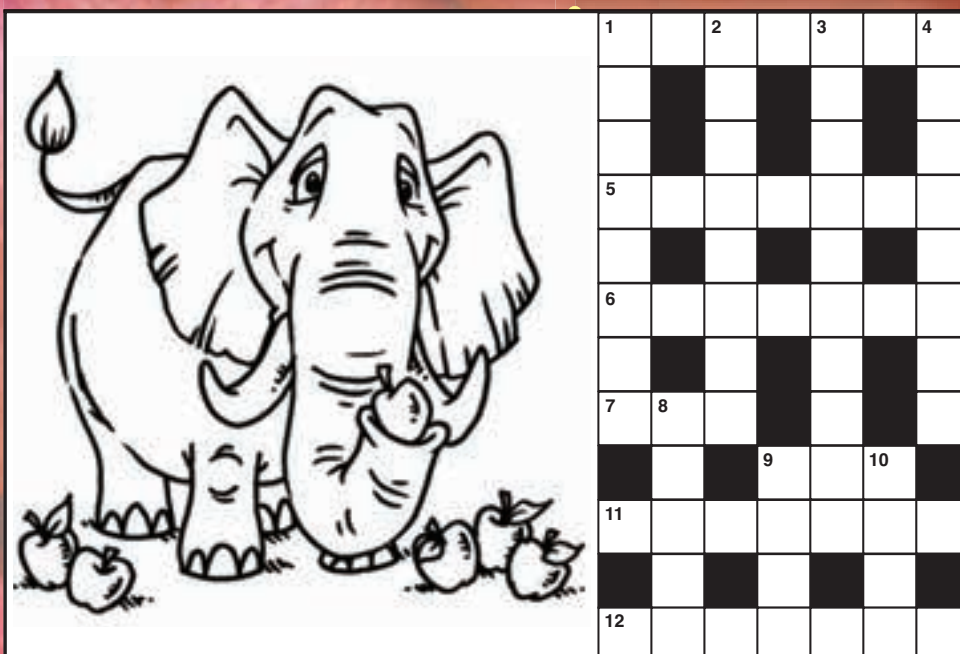
This issue's winner receives free annual family membership at Stratford Picturehouse, which includes free tickets and discounts on films.

To be in with a chance of winning this or another great prize send your pictures, jokes and poems to **Kids' Corner, West Wing, Fourth Floor, Newham Dockside, 1000 Dockside Road, London E16 2QU**. Don't forget to write your name, age, address and daytime contact telephone number on the back of your entry. **Good luck!** Visit www.picturehouses.co.uk to see what's on.



Stratford Picturehouse, Theatre Square, E15

Colour-me-in Crossword



Across

1. Birthday or Christmas gift (7)
5. Ruler of Ancient Rome (7)
6. Treeless grassy plain in North America (7)
7. Cashew or pecan (3)
9. Hard-working insect (3)
11. Homer _____ is the cartoon father of Bart (7)
12. Teachers teach pupils during these classes (7)

Down

1. Boy who lives in Neverland (5,3)
2. This creature has tusks of ivory (8)
3. Trees which never lose their leaves (10)
4. Unlucky number (8)
8. Join together (5)
9. Big monkeys (4)
10. It is larger than a village but smaller than a city (4)

Congratulations Eden

Eden Josse-Schott, 6, was the winner of our Littlest Quirky competition for her colourful picture using chalk and lots of imagination – well done Eden.



Jokes

What do you call a place for cats?
Meowwsuem

Where did the fish go on holiday?
Finland

Laksena Sureshkumar, 9

WHAT'S ON?

**FIVE PAGES
OF ACTIVITIES
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ALL FUN!**

To view hundreds of events, or to add your own,
log on to www.newham.gov.uk/whatson

30 MAR – 13 APR

TRY SOMETHING NEW... EASTER EGGSTRAVAGANZA

Eggcite yourself this Easter at the Rathbone Good Friday Market on 6 April and the Queens Easter Market on Saturday 7 April.

Reach new heights with entertainment from a stilt walker and say bonjour to our Del Boy look-a-like. There will be free face painting and a balloon artist that will blow you away. Chocoholics can enjoy one of the hundreds of Easter eggs that will be given away by the Easter Bunny.

The Good Friday event at Rathbone runs from 9am-5pm at the market on Barking Road, E16. The Easter Market is open from 9am-6pm at Queens Market, Green Street, E13.

Along with the fun treat yourself to the range of goods on sale which will include hot food, confectionary, meat, clothing, jewellery and fresh fruit and veg.



ALL LIBRARY LISTINGS

See Library Contacts (next page) for venue details.

UNDER FIVES GROUPS

All open to under fives with their parents/carers.

Storytelling

Beckton Globe

Fri, 10-11am

Canning Town

Mon, 10.30-11.30am

Custom House

Tues, 10.15-11.15am

East Ham Wed, 2-3pm

The Gate Fri, 11am-12noon

Green Street Thurs,

10.30-11.30am

Manor Park Thurs,

10.30-11.30am

North Woolwich

Thurs, 2-3pm

Plaistow Tues, 11am-12noon

Crafts Club

Manor Park

Tues, 10.30-11.30am

Toy Library

East Ham Tues, 10am-12noon and Thurs, 10am-12noon

Imaginative Play

East Ham Fri, 10.30-11.30am

Learning and Craft

Beckton Globe Tues (during school term) 1.30-2.30pm

ADULT READING

Adult Reading Groups

The Gate Tues 3 Apr, 6.30-7.30pm

Plaistow Thurs 5 Apr, 6.45-7.45pm

OTHER EVENTS

Over 50s Club

Beckton Globe Thurs, 10am-12 noon

Click-On – computer sessions for over 50s

East Ham Fri, 10am-12noon and 2-4pm

Plaistow Fri, 10am-12noon and 2-4pm

ICT Surgeries

The Gate Thurs, 10am-12noon

Knit & Natter – craft group for men and women of all ages and abilities

Beckton Globe

Wed, 10am-12noon

Canning Town

Fri, 10am-12noon

Movie Night – free showing of the film 'The Eagle of the Ninth'(12A) – by Rosemary Sutcliff

The Gate Wed 4 Apr, 6pm

Movie Matinee – free showing of the film 'Monsters Inc', Walt Disney'(U)

The Gate Wed 11 Apr, 2pm

YOUNG PEOPLE

Homework Club – All young people aged seven to 14 can get free study support at their local library on the days and times below. School term only.

Beckton Globe Tues, 4-6pm

Canning Town Thurs, 4-6pm

Custom House Thurs, 4-6pm

East Ham Mon, 4-6pm

The Gate Tues, 4-6pm

Green Street Tues, 4-6pm

Manor Park Thurs, 4-6pm

North Woolwich

Mon, 3.30-5.30pm

Plaistow Thurs, 4-6pm
Games Clubs – Sony PS3 or Xbox 360 and Nintendo Wii games, board games and many more free activities for eight to 13-year-olds.

Canning Town
 Mon, 3.30-5.30pm

Custom House

Tues, 3.30-5.30pm

East Ham Tues, 3.30-5.30pm

Manor Park Mon, 3.30-5.30pm

Teenage Games Clubs – PS2 and Xbox games, music, board games and many more activities for ages 12 to 16.

Beckton Globe Wed, 3-5pm
Teen Xtra Evenings – free activities for ages 12-21.

The Gate Thurs, 6-8pm

LIBRARY CONTACTS

Beckton Globe Library

1 Kingsford Way, E6 5JQ. 020 337 30853

Canning Town Library

Barking Road, E16 4HQ. 020 337 30854

Custom House Prince

Regent Lane, E16 3JJ.

020 3373 0855

East Ham High Street South, E6 6EL. 020 3373 0827

The Gate 4-20 Woodgrange Road, Forest Gate, E7 0QH. 020 3373 0856

Green Street 337-341

Green Street, E13 9AR.

020 3373 0857

Manor Park Romford Road, E12 5JY. 020 3373 0858

North Woolwich 5 Pier Parade, E16 2LJ. 020 3373 0843

Plaistow North Street, E13 9HL. 020 3373 0859

Archives and Local Studies

(limited postal and email service only) phone: 020 3373 6881
 email: archiveslocalstudies@newham.gov.uk

Community Outreach

Services For more info call 020 3373 0813

SPORTS PROGRAMME

Basketball

Youngbloods Basketball

- U12s, mixed

Sat, 1-3pm, East Ham Leisure Centre, E6

- U13/14s, boys

Mon, 6-8pm, St Angela's School, E7

Tues, 5.30-7.30pm Newham Leisure Centre, E13

- U14s, girls

Mon, 4.30-6pm, St Angela's School, E7

Tues, 5.30-7.30pm, Newham Leisure Centre, E13

- U15/16s, boys

Tues, 6-8pm, East Ham Leisure Centre, E6

Fri, 6-8pm,

St Angela's School, E7

- U17/18s boys

Tues, 8-9.45pm, East Ham Leisure Centre, E6

Thurs, 7-9pm, St Bonaventure's School, E7

Fri, 6-8pm,

St Angela's School, E7

Each session costs £1. Call

Caroline on 07958 307 657 for more info

Football (free)

Mayor's football League

8-16s, Mon, 4-6pm

Newham Leisure Centre, Prince

Regent Lane, E13

4v4 Football

8-19s, Wed, 5-7pm

Stratford Park MUGA, West Ham Lane, E15

5v5 Football

8-19s, Fri, 5-7pm

Royal Victoria Gardens, Pier Road, E16

4v4 Football

8-19s, Fri, 5.30-7pm

Snowhill MUGA, High Street North, E12

5-a-side Tournaments

(First Sat of the month)

U12s/U14s/U16s, Sat, 10am-1pm

Plashtet Park, Plashtet Grove, E7 8-19s, Wed, 7.30-9pm.

Winsor community MUGA, Manor Way, E6

For more info call Abul on

020 3373 4119 or getactive@newham.gov.uk

WHU Kickz (free)

Mon, U14s, 4-5.30pm

- 15+, 5.30-7pm

West Ham United Community Astro Turf (Beckton), E6

- 11-18s, 5-8pm

Forest Gate Youth Centre, E7

Tues, U14s, 4-5.30pm

- 15+, 5.30-7pm

West Ham United Community Astro Turf (Beckton), E6

- 11-18s, 6-9pm

Priory Park MUGA, E6

Wed, 11-18s, 5-8pm

Priory Park MUGA, E6

Thurs, 11-18s, 4-7pm

Priory Park MUGA, E6

Fri, U14s, 4-5.30pm

- Girls 11+, 5.30-7pm

West Ham United Community Astro Turf (Beckton), E6

- 11-18s, 5-8pm

Forest Gate Youth Centre, E7

Air Football 16+

Tues, 1-3pm,

Stratford Park, E15

Fri, 3-5pm, Beckton

Powerleague, E6. For more info visit www.airfootball.co.uk



Basketball

Ascension Football Academy

School yrs R-3, 9.30-10.30am

School yrs 4-7, 10.45-11.45am

School yrs 8-11, 12noon-1.30pm

All sessions £2.50

King George V Park, E16

For info call Beryl on 020 7511 1232

Basketball

Newham All Star Sports Academy (NASSA)

Junior Programme

8-11yrs boys/girls

Cumberland School,

Oban Close, E13

Fri, 4.15pm-5.30pm

U13/14s, Thurs, 4.30-6.30pm and Sat, 10am-12.30pm

U15s, Thurs, 5.30pm-7.30pm,

Newham Leisure Centre, 281

Prince Regent Lane, E13

U16/18s, Mon, 5.30-7.30pm

Rokeby School, Canning Town E16 4DD

National League

Mon, 6-8pm, U13/14s,

Rokeby School, Barking Road, E16

Tues, 6-8pm, U15/16s

Rokeby School, Barking Road, E16

Thurs, 4.30-6pm,

U13/14s boys, U14s girls,

Newham Leisure Centre,

Prince Regent Lane, E13

6-8pm, U16s, Newham

Leisure Centre, Prince Regent Lane, E13

6-8pm, U18s, Cumberland

School, Oban Close, E13

Gifted and Talented

Fri, 4.15-5.30pm

Cumberland School, Oban Close, E13



Over 50s club



Basketball Session

Sat, 10am-12noon
Newham Leisure Centre,
Prince Regent Lane, E13

Senior Men/Women Programme

Mon, 7.30-9.30pm
Division 2 Women and Division
3/4 Men. Rokeby School,
Canning Town, E16
For more info call NASSA on
07947 401 616

Handball (free)

8-16s, Tues, 3-4.30pm
16+, Fri, 6-8pm
Newham Leisure Centre,
Prince Regent Lane, E13
For more info email aranka.
bekker@newham.gov.uk

Young Mayor's Community Basketball Tournament

Free event for half-term only,
8-18 year olds
Wed 4 Apr, 2-5pm
Stratford Park, West Ham
Lane, E15
Thurs 5 Apr, 2-5pm
Little Ilford Youth Zone
(LOCSP) 1a Rectory Road,
E12
Rokeby School (NASSA)
Barking Road, E16
Tues 10 Apr, 2-5pm
Forest Gate Youth Zone
(LOCSP) 1 Woodford Road,
E7
Lister School (NASSA) St
Mary's Road, E13
Wed 11 Apr, 2-5pm
East Ham Leisure Centre
(LOCSP) 324 Barking Road, E6

Beckton Globe Youth Zone
(NASSA) 1 Kingsford Way E6
Final tournament event: Thurs
12 Apr, 2-6pm
Newham Leisure Centre,
Prince Regent Lane, E13
For more information call Lisa
on 020 3373 0301

Multi sports (free)

Wed, 1-3pm and 5-7pm, 16+
Stratford MUGA, West Ham
Lane, E15
Fri, 5.30-7pm, 8-19s
Snowhill MUGA, High Street
North, E12. For more info call
Abul on 020 3373 4119 or
getactive@newham.gov.uk

Athletics

Sun, 10.30am-12.30pm,
10-19s
Newham Leisure Centre,
Prince Regent Lane, E13
For more info email coral.
nourrice@newham.gov.uk
- Newham and Essex Beagles
Athletics Club, Mon and Wed,
6.30-9pm, 10+
Sun, 10am-1pm. Call 020
7511 4477 or email jacqueline.
ramsdan1@btinternet.com

Cricket

Mon, 3.30-5pm, 8-18s
Cumberland School, Oban
Close, E13
League/tournaments (11 Jan
onwards)
Wed, 6-8pm, 8-18s
Lister Community School,
St Mary's Road, E13
For more info call Abul on
020 3373 4119 or getactive@
newham.gov.uk

Boxing

West Ham ABC - community
boxing, 11-19s
Free Olympic style amateur
boxing sessions.
Hathaway Community Centre
Hathaway Crescent, E12
Wed, 7pm
Email carl.barton@newham.
gov.uk or call 020 8430 2000
for more info

- West Ham Boys ABC 9+,
boys and girls
Mon, Wed, Fri, 5-6pm
The Black Lion, 59-61 High
Street, E13. Call Lianne on
020 8472 3614
- Peacock ABC 8+,
Mon, Wed, 6-8pm
boys and girls
Caxton Street North, E16
Call Martin on
020 7511 3799
- Newham Boys ABC
6+, boys only
Mon, Wed, Fri, 6-7.45pm
Old Bath House
141 Church Street, E15
Call Ravinder/Joe
020 8519 5983
- Fight For Peace 11+,
boys and girls
Woodman Street,
North Woolwich, E16
Call Marigold
on 020 7474 0054

Non-contact boxing

Wed, 7-8pm, 11-19s
Hathaway Community Centre,
Hathaway Crescent, E12
For more info email carl.
barton@newham.gov.uk

Hop, skip and punch (16+)

Free fitness classes
Mon, 5-6pm, Field Community

Centre, Field Road, E7
Wed, 5-6pm, Beckton
Community Centre, 14 Manor
Way, E6
Fri, 5-6pm, Katherine Road
Community Centre, Katherine
Road, E7
For more info email carl.
barton@newham.gov.uk

Table Tennis

For beginners and
intermediate players
Thurs, 6.30-9pm
Stratford School, Upton Lane,
E15 (Doris Road entrance)
For more info call Ginny on
07976 577 716 or John on
07828 866 031 or email ginny.
harris10@btinternet.com

Hockey

Mon, 3-5pm, 8-14s
Kingsford Astro, Kingsford
Way, E6 (by Asda car park)
For more info call Abul on
020 3373 4119 or getactive@
newham.gov.uk

Rugby

Tues, 4-6pm, 10-16s
Memorial Park, Memorial
Avenue, E15. For more info
call Abul on 020 3373 4119 or
getactive@newham.gov.uk

Volleyball

Mon, 3.30-5pm, 11-18s
Royal Docks School, Prince
Regent Lane, E16. For more info
call Abul on 020 3373 4119 or
getactive@newham.gov.uk

Newham Swords (4+)

Tues, 6.30-9pm
Thurs, 6.30-9pm
Fri, 7.30-10pm



The Hub in the grounds of Newham Leisure Centre, Prince Regent Lane, E13.
For more info call Linda on 07956 618 898 or visit www.newhamswords.co.uk

Dare 2 Dance

Free street dance classes for girls, 12-16s
Fri, 3.30-5.30pm
Newham Leisure Centre (New Indoor Multi Sports Centre), Prince Regent Lane, E13
For more info call Nicole on 07970 783 526 or email nicole.napier@newham.gov.uk

Newham Striders

Free, sociable walking group that go striding in the local area seven days a week. Visit www.newham.gov.uk, email peaty@newham.gov.uk or call 020 8430 2000 for more info

Newham Shoujin Karate Sessions for beginners:

Wed, 4.30-5.30pm, 4-15, term time
Thurs, 6-8pm, 16+
Fri, 6-7pm, 4-15 and 7-8pm, 16+
Sun, 10-11am, 4-16
Newham Leisure Centre, Prince Regent Lane, E13. For more info call 07508 070 638 or visit shoujin.co.uk

WCKD Karate & Self Defence Institute

Teaching Freestyle Karate and self defence
All levels including beginners
Children, 5-9 yrs, £3.50, Mons and Weds, 5-6pm and Sat, 11am-12noon
Juniors, 10-15 yrs, £5 Mons and Weds 6-7pm and Sat, 12noon-1pm
Maryland Studioz, 84-86 Leytonstone Road, Maryland, Stratford, E15. For more info call 07535 928 297 or email wuchikwondo@gmail.com

Woodside Badminton Club

Intermediate and club standard players welcome,
Fri, 8-9.30pm, £5 waged/£3 unwaged, Carpenters Docklands Centre, 98 Gibbins Road, E15
For more info call Steve on 020 8514 1586

East End Road Runners

Free coached sessions for all abilities
Tues and Thurs, 7pm
Sun, 9am, meet on the track, Newham Leisure centre, Prince Regent Lane, E13
For more info call Bisi 07979 261 647.

Cycling – sessions and guidance

Wed, 11am, 12.15pm and 1.30pm.
Fri, 12.15-2.15pm.
Free, all equipment provided
F13 Waterfront Studios, 1 Dock Road, E16. For more info call 020 7055 0808 or visit www.careinmind.org.uk

Zumba classes (16+)

Thurs, 7.30- 8.30pm, St Nicholas Church Hall, Gladding Road, E12, £5 per class. For more info call 07720 805 505

Skiptrix Circuit classes

Skiptrix Kids Fun and Games, 8-12, Thurs, 5-6pm, £1 per session
Skiptrix Circuit Adults, 16+, Thurs, 6.30-7.30pm, £5 per session. The Hub, Star Lane, E16
For more info call Neusa on 07904 625 402

Twisted Pink

7-12 yrs, £2.50
Singing: Tues, 5.30-6.30pm
Drama: Thurs, 5.30-6.30pm
Street Dance: Fri, 6-7pm
13 yrs+, £3
Street Dance: Fri, 7-8pm
Maryland Studioz, 84-86 Leytonstone High Road, E15
For more info call Jacqueline on 07534 513 307 or email twistedpink26@aol.com

Free Men's Health Football Fitness Sessions

Sat, 10-11am
WHU Community Training Facility, 60a Albatross Close, E6
For more info call Tania on 020 7473 7724

Free Family Fit Club

Sat, 11am-12noon
WHU Community Training Facility, 60a Albatross Close, E6
For more info call Tania on 020 7473 7724

Newham Young Britons A.S.C

Learn to swim and/or improve your strokes
Men's session, (12 week course, £70.60) Sat, 5.30-6.15pm
Children's session, (£2 per session) 5-16, Sat, 6.15-7pm
Newham Leisure Centre, Prince Regent Lane, E13. For more info call 07956 304 518

FEMALE ONLY ACTIVITIES

Women United FC (11+)

Mon (term time only)
6-7.15pm, Kingsford School, Kingsford Way, E6. For more info call Shona on 07968 665 849

Girls spinning sessions

11-16, Mon and Wed, 4-4.30pm. Newham Leisure Centre, Prince Regent Lane, E13
For more info call 020 7511 4477

Female only gym sessions

Free, 11-16, Tues and Thurs, 3.30-5pm. 16-25, Weds, 1.30-3pm. Newham Leisure Centre, Prince Regent Lane, E13
Call 020 7511 4477 for info

Female box-fit classes (16+)

Mons, 4.15-5.15pm, Balaam Leisure Centre, Balaam Street E13. Call Carl on 020 3373 6034 for info

Girls Football

Mon, 6-7.30pm
U12/14s football tournaments
Kingsford Astro (entrance by Asda car park) Beckton, E6
For more info call 020 8556 5973.



Rounders

Female Multi-Sports

Cardio, Tennis, Handball, Rounders, Football and more.
10-16s, 4.30- 6.30pm, Tues, 4.30-6.30pm Newham Leisure Centre, Prince Regent Lane, E13.
Fri, 4.15-5.15pm, Little Ilford Youth Zone, Rectory Road, E12.
For more info call Farrakh 020 8556 5973 or email Farrakh.

Khan@locsp.org

Sheila's Yummy

Mummy buggy (16+)

Mon, 10-11.30am
Central Park, East Ham, E6 (meet outside cafe in the park)
Fri, 10-11.30am, Plashet Park, Plashet Grove, East Ham, E6.
£5 per session
For more info call Sheila on 07908 614 958 or email spoleon@aol.com

Get back into Netball

OPA Netball Club sessions.
Tues, juniors, 6-7pm, seniors, 8-9.30pm. £2 per session. Lister Community School, St Mary's Road, Plaistow, E13. For more info call Lesley on 07717 281 529 or email opanetballclub@hotmail.com

Unity Zumba

Classes are £5 each adults, children £3. Minimum age 7yrs.

Mon, 8-9pm

Hartley Centre, 267 Barking Road, East Ham, E6 1LB

Wed, 8-9pm

Hartley Centre, 267 Barking Road, East Ham, E6 1LB

Sun, 6.30-7.30pm



Disability sports

The Well Centre, 49 Vicarage Lane, East Ham, E6. For more info call UnityZumba on 07886 884 573

Zumba classes

Tues, 8-9pm,

£4 per hour, The Swift Centre, 387 Barking Road, E13

Thurs 7.30-8.30pm,

£4 per hour, The Hub, 123 Star Lane, E16

For more info call Annabel on 07500 898 665

SPORTS AND PHYSICAL ACTIVITIES FOR DISABLED PEOPLE

Multi-Sports

Free Flying Wheels club for young wheelchair users 6-22. Wed and Fri evenings, 6-8pm. Rokeby School, Barking Road E16. For more info call Eda on 07888 085 259

Mon, 4-5.30pm, Eastlea multi-sports club for SEN & disabled young people, Eastlea Community School, E16 U19s, Fri, 5-7pm and Sat, 2-4pm, Newham Leisure Centre, E13.

People with Disabilities Club, Tues, 10.30am-12.30pm, Newham Leisure Centre, E13. For more info call 020 7511 4477 Fri, 4.30-6pm. NewVic, Prince Regent Lane, E13. For more info call 07811 671 082

Ability Club

11-25, Fri, 4.15-6.15pm Newham Sixth Form College, Prince Regent Lane, E13

For more info call Paul on 07811 671 082

Wheelchair Basketball

11-19, Wed, 4-5pm Rokeby School, Barking Road, E16. For more info call NASSA on 07947 401 616

Free Family swims for disabled children and adults

Newham Otters Swimming Club, Sat, Newham Leisure Centre, E13, 4.30-5.30pm For more info call Sandie 07931 788 739

Family Swim, Sun, 12.30-2pm, Balaam Leisure Centre, E13, £5 For more info call 020 7476 5274

Get fit for free

Free use of the gym for one year for people with learning disabilities at Newham Leisure Centre, Tues, 1.30-3.30pm and Fri, 10am-12noon. To book an induction call on 020 7511 4477

B1 Football Club

Third Sun of every month, 10am-12noon, East Ham Leisure Centre, E6

For all of the following sessions call 020 7511 4477.

Free Trampolining sessions

U19s, Fri, 5-7pm and Sat, 12noon-2pm, Newham Leisure Centre, E13

Free soft play and exercise to music

Sat, 12noon-2pm, Newham Leisure Centre, E13

Mixed swimming session for adults and children

Wed, 10am-12noon, East Ham Leisure Centre, E6, £1.15 a session

Free swim for families dealing with autism

Wed, 4-5pm, Balaam Leisure Centre, E13

OTHER

ASD Kings and Queens Homework Club

Study support for young people aged 11-16 alongside African History and Social Development Classes, all sessions £5 Thurs, 4-6pm, The Grassroots Centre, West Ham Recreational Park, E15. For more info call 07538 024 039 or email kqes@africanssonsanddaughters.com

Protecting You to Protect Your Money

Do you have a disability, chronic illness or are you an older person having trouble managing money? Come along to a FREE event and receive help and advice in protecting your money, property and valuables. Wed 18 Apr, 1-4.30pm, West Ham United Football Club, Green Street, E13 (places must be booked in advance). For more info or to book a place call Shaheen on 020 3373 4132 or email shaheen.khan@newham.gov.uk

COMMITTEE MEETINGS

All meetings take place at Newham Town Hall, Barking Road, E6, unless specified

Fri 30 Mar

Licensing (2003 Act) Sub-Committee, 10am, Council Chamber

Mon 2 Apr

Licensing (2003 Act) Sub-Committee 2012, 11am, Council Chamber Licensing (2003 Act) Sub-Committee 12.30pm, Council Chamber Audit Board, 7pm, Committee Room 1

Tues 3 Apr

Health and Social Care Scrutiny Commission, 7pm, Committee Room 1 Regeneration and Employment Scrutiny

USEFUL NUMBERS

020 8430 2000

Hundreds of services, just one number – for all council enquiries

For questions about councillor surgeries or to find out which ward you live in, call 020 8430 2000 or visit www.newham.gov.uk/yourcouncillor

Write to the Mayor at Newham Town Hall, Barking Road, London, E6 2RP or email mayor@newham.gov.uk

For information about Community Forums freephone 0800 519 4015 or email community.forums@newham.gov.uk

For information about the 2012 Games and how it will affect Newham, visit www.newham.gov.uk/2012Games

To report anti-social behaviour – anything that causes your local area to look unsightly or makes other residents' lives unpleasant – call Newham's 24-hour hotline on 0800 731 3300

To speak to the Newham Mag team, call 020 8430 2000 or email newham.mag@newham.gov.uk

Commission, 7pm, Committee Room 2

MEET THE MAYOR

Meet Sir Robin Wales

Thurs 5 Apr, 12noon-1pm, Stratford Local Service Centre, 112-118 The Grove, E15 Please arrive promptly at the start of each surgery

Speak to Sir Robin Wales

Wed 11 Apr, Call 020 8430 2000 between 9.30am and 10.30am and speak directly to the Mayor



Programme

- **Wednesday 18 April**
(100 days until the London 2012 Games begin)
1.30pm – 4.30pm
Stratford Old Town Hall, E15
- **Monday 14 May**
1.30pm – 4.30pm Venue for this event only will be:
Newham Town Hall, E6
- **Thursday 7 June**
(Queen's Diamond Jubilee)
1.30pm – 4.30pm
Stratford Old Town Hall, E15
- **Tuesday 3 July**
1pm – 4pm
Venue for this event only will be:
Plashet Park, Plashet Grove, E7
- **Monday 24 September**
1.30pm – 4.30pm
Stratford Old Town Hall, E15
- **Monday 15 October**
1.30pm – 4.30pm
Stratford Old Town Hall, E15
- **Friday 9 November**
(Remembrance Day)
1.30pm – 4.30pm
Stratford Old Town Hall, E15
- **Monday 10 December**
(Christmas)
1.30pm – 4.30pm
Stratford Old Town Hall, E15

Tea Dances

Put on your dancing shoes and come along to our tea dance programme to get active and have fun.

Cost: £3 per person, which includes a free raffle and light refreshments.

Places are limited, so book early.

For more information please call
Leisure Services on 020 3373 7511.

These events are for Newham residents only.



DANCING IN A STREET NEAR YOU

Are you age 5-16 year old?
Do you love to dance?
Or would you like to learn?

Dance taster sessions will be coming to a community centre near you. From ballet to break dance, there is something for everyone.

The dance classes in a range of style will be available for a 12-week period at a discounted price of £1.

At this low price why not give it a try!

For further information visit www.newham.gov.uk/whatson

to see what classes are available near you.

Please note: after 12 weeks, the cost will revert to the original price.



Question Time

with the Mayor of Newham

**Come along to meet
Sir Robin Wales, ask him your
question in public and talk
about the future of Newham.**

**For further information visit:
www.newham.gov.uk/mayor**



Question Time

**Saturday
21 April 2012**

11am - 12noon
(Doors open at 10.30am)
Newham Town Hall
Barking Road
East Ham
London E6 2RP